

**CHILD NUTRITION PROGRAM
BLESSED SACRAMENT SCHOOL
PK-3 – 8th GRADES**

PLEASE CIRCLE THE DAY(S) YOUR CHILD WILL BE EATING HERE AND
MEALS MUST BE PRE-PAID FOR TWO WEEKS OR MONTHLY (\$3.75 per meal)
SEND MONEY WITH MENU SELECTIONS

CHILD'S NAME: _____

GRADE: _____

AMOUNT ENCLOSED: _____

September 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 LABOR DAY HOLIDAY NO CLASSES NO LUNCH WILL BE SERVED	3 Semi soft chicken Flautitas Mexican Rice Pinto Beans Milk or juice Fruit or Dessert	4 Chicken Fajita Mexican Rice Pinto Beans Tortillas Milk or juice Fruit or dessert	5 Hamburgers Cheese Fries Lettuce, Tomato, Pickles Milk or juice Fruit or Dessert	6 Chicken Fried Chicken Sandwich Potato Chips Peas and Carrots Milk or juice Fruit or Dessert
9 Hotdogs Chili Beans Cheese Fries Milk or juice Fruit or dessert	10 Beef and Cheese Lasagna Bacon Green Beans Bread Milk or juice Fruit or dessert	11 EARLY DISMISSAL 12:00 NOON NO LUNCH WILL BE SERVED	12 Macaroni & Meat sauce Tossed Salad Broccoli and Cheese Milk or juice Fruit or dessert	13 Chicken Nuggets Italian Green Beans Mashed Potato Corn Milk or juice Fruit or dessert
16 16 DE SEPTIEMBRE CELEBRATION NO LUNCH WILL BE SERVED	17 Carne Asada Spanish Rice Charro Beans Tortillas Milk or juice Fruit or dessert	18 Lonches de ternera Lettuce, tomato, pickles, & chips Milk or juice Fruit or dessert	19 Spaghetti and Meatballs Broccoli and Cheese Bread Milk or juice Fruit or dessert	20 Pepperoni Pizza Fresh Salad Spaghetti Sauce Milk or juice Fruit or dessert
23 Chicken Fajita Mexican Rice Pinto Beans Milk or juice Fruit or dessert	24 Cheeseburger Potato Chips Lettuce, Tomato, Pickles Milk or juice Fruit or dessert	25 Macaroni and Beef Broccoli and Cheese Bread Milk or juice Fruit or dessert	26 Chicken Tenders Carrot with Corn Mashed Potato Milk or juice Fruit or dessert	27 Ham and Cheese Quesadillas Slice Carrots Spaghetti Milk or Juice Fruit or Dessert
30 Beef and Cheese Lasagna Bacon Green Beans Bread Milk or juice Fruit or dessert				

- ALL MEALS ARE SERVED WITH 8 oz. 2 % LOW FAT MILK
- ALL MEALS SUBJECT TO CHANGE DUE TO AVAILABILITY OF THE PRODUCTS