

**CHILD NUTRITION PROGRAM
BLESSED SACRAMENT SCHOOL
PK-3 – 8th GRADES**

PLEASE CIRCLE THE DAY(S) YOUR CHILD WILL BE EATING HERE AND
MEALS MUST BE PRE-PAID FOR TWO WEEKS OR MONTHLY (\$3.75 per meal)
SEND MONEY WITH MENU SELECTIONS

CHILD'S NAME: _____

GRADE: _____

AMOUNT ENCLOSED: _____

October 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Beef and cheese Lasagna Bacon green beans Milk or juice Fruit or dessert	3 Ham and cheese Sincronizadas Shells soup Peas and carrots Milk or juice Fruit or dessert	4 EARLY DISMISSAL 12:00 NOON "JEAN DAY" \$1.00 NO LUNCH WILL BE SERVED	5 Hotdogs Chili beans Cheese fries Milk or juice Fruit or dessert	6 Grill Hamburger Potato chips Lettuce, tomato, pickles Milk or juice Fruit or dessert
9 Chicken nuggets Butter corn Fluffy mashed potato Milk or juice Fruit or dessert	10 Beef and bean burritos Fideo soup Mixed vegetables Milk or juice Fruit or dessert	11 Macaroni and beef Tossed salad Broccoli and cheese Milk or juice Fruit or dessert	12 Steak fajitas Mexican rice Refried beans Tortillas Milk or juice Fruit and dessert	13 Peter Piper's Lunch Fundraiser CAFETERIA LUNCH WILL NOT BE SERVED
16 Chicken tenders Italian macaroni Vegetables Milk or juice Fruit or dessert	17 Spaghetti and meatballs Broccoli and cheese Bread Milk or juice Fruit or dessert	18 Lonches de ternera French fries Lettuce, tomato Milk or juice Fruit or dessert	19 Chicken nuggets Butter corn Mashed potato Milk or juice Fruit or dessert	20 Chicken Fried chicken sandwich Potato chips Peas and carrots Milk or juice Fruit or dessert
23 Carne asada plate Pinto beans Mexican rice Tortillas Milk or juice Fruit or dessert	24 Hamburgers Cheese fries Lettuce, tomato, pickles Milk or juice Fruit or dessert	25 Sliced turkey Gravy Mashed potato Butter corn Milk or juice Fruit or dessert	26 Grill cheeseburgers French fries Lettuce, tomato, pickles Milk or juice Fruit or dessert	27 Salisbury steak Top with gravy Mashed potato Corn, Bread Milk or juice Fruit or dessert
30 Guisado con papas Rice Refried beans, Tortillas Milk or juice Fruit or dessert	31 Oktoberfest CAFETERIA LUNCH WILL NOT BE SERVED			

- ALL MEALS ARE SERVED WITH 8 oz. 2 % LOW FAT MILK
- ALL MEALS SUBJECT TO CHANGE DUE TO AVAILABILITY OF THE PRODUCTS